

# HIGHLAND NEWS

A NEWSLETTER FOR HIGHLAND COMMUNITY RESIDENTIAL SERVICES

September 2023



## *Mary Clare MacIntosh*

In July, HCRS welcomed Mary Clare MacIntosh as the new Executive Director upon Hilary's retirement. Mary Clare has been a part of the organization for 28 years. She began as the Supervisor of the "Children's Program" and recently completed a two-year tenure as Assistant Executive Director.

Mary Clare's critical thinking, empathy, respect and understanding make her a natural for the role. Her person-centred approach and organizational understanding are truly assets. On behalf of HCRS, we would like to wish her all the best in her new role.



# R.I.C.K.

I AM DELIBERATE IN MY INTERACTIONS.  
EVERYTHING WILL BE DONE WITH:  
RESPECT  
INTEGRITY  
CARING  
KNOWLEDGE



## NS Boat tours!



HIGHLAND COMMUNITY  
RESIDENTIAL SERVICES

# from OH&S



115 MacLean Street  
New Glasgow, NS  
B2H 4M5  
(902) 752-1755  
(902) 752-4256

## TIPS FOR SAFE GENERATOR USE

- Do not exceed the generators power limit. This may cause damage to the generator or any equipment hooked up to it, or potentially fires
- If you use an extension cord, choose an outdoor cord that can accommodate the total load of everything you're powering
- Don't use the generator in wet conditions. If it's raining or snowing, try to have it under a canopy if possible
- Disconnect and shut down all equipment that's hooked up to the generator before you shut it down
- Don't refuel your generator when it's running. Shut the generator down and let it cool.
- Make sure the generator has 3-4 feet of clear space on all sides so that it has sufficient ventilation
- DO NOT start/run your generator indoors



STAY CONNECTED



GOOD  
TIMES



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**DIVERSITY**

**CORNER**

**DIVERSITY**

**CORNER**

**DIVERSITY**

**CORNER**

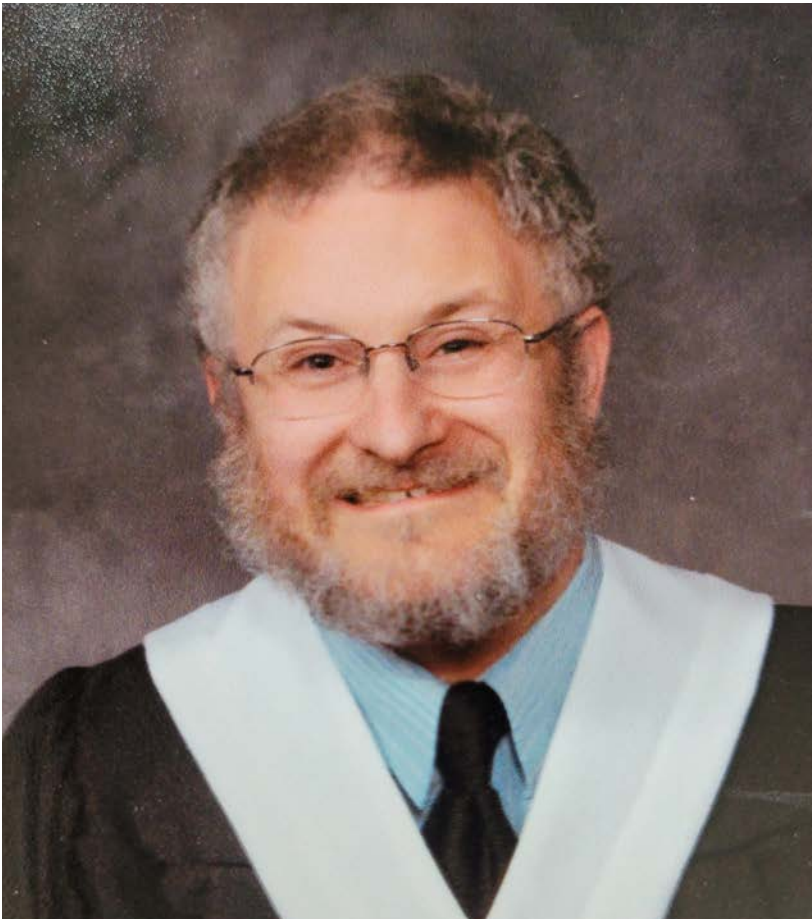
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**September month-long observances:**

- Hispanic Heritage Month
- National Guide Dog Month
- Suicide Prevention Month

**Important September calendar dates:**

- September 4 – Labor Day
- September 5 – International Day of Charity
- September 11 – Patriot Day (U.S.A.)
- September 15 – International Day of Democracy
- September 15 – Rosh Hashanah begins (Jewish)
- September 16 – Mexican Independence Day
- September 21 – International Day of Peace
- September 21 – World Gratitude Day
- September 22 – National Native American Day
- September 24 – Yom Kippur (Jewish)
- September 29 – Sukkot (Jewish)
- September 30 – National Day for Truth & Reconciliation (Canada)



*Happy  
Graduation*

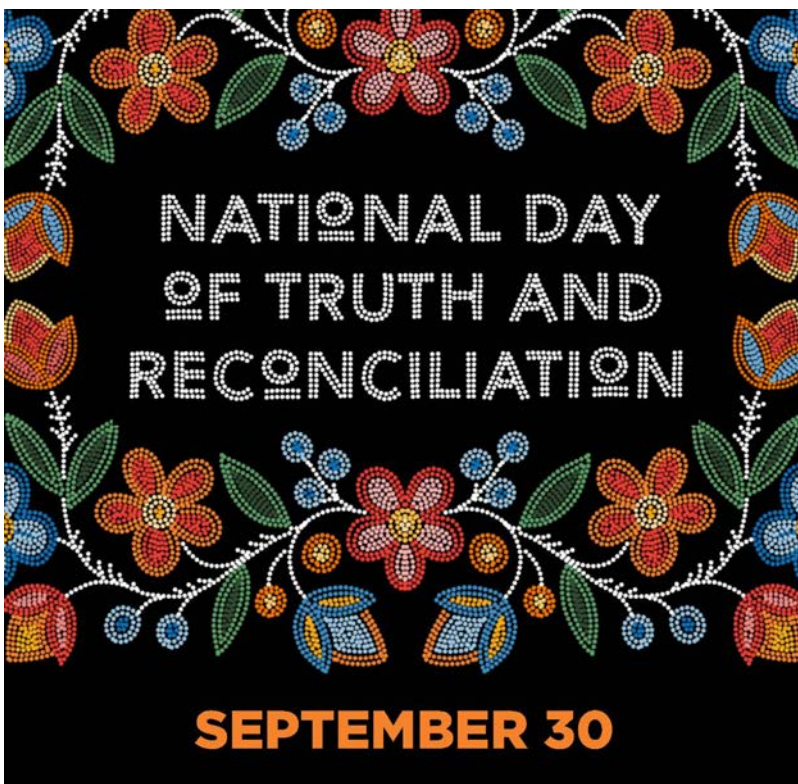
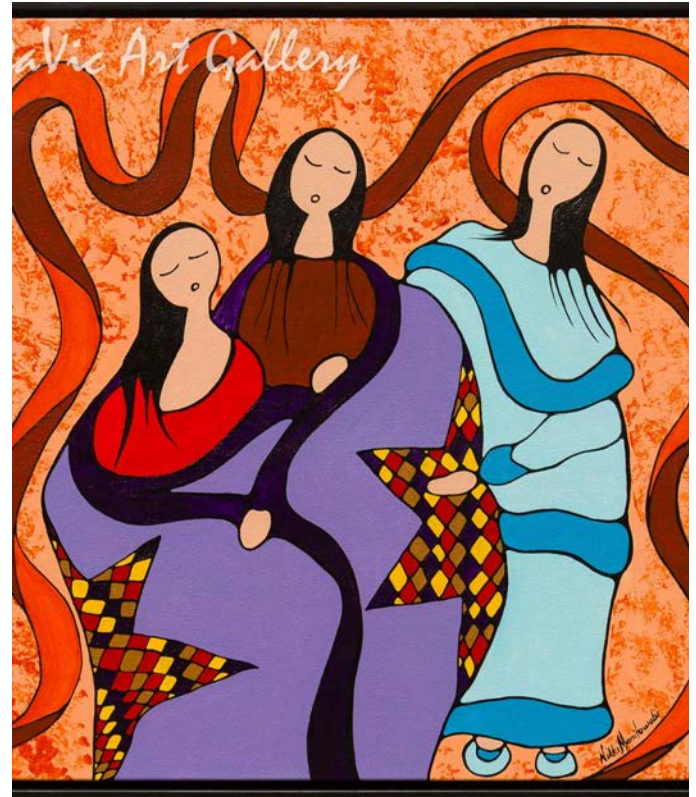
Congratulations to  
you Adam!

All of your hard work  
has paid off.

Your HCRS family is  
very proud of you.



**Jeremy and HCRS staff attended a Blanket Ceremony at Summer Street Industries.**



**HERE ARE THE ON CALL ALL STARS:**

- EVAN RUTLEDGE
- MARION SAMPLE
- KELSEY MACQUARRIE
- MARSHALL MARGESON
- AMANDA MACDONALD
- JAYDEN DUPLESSIS
- NATASHA BOUDREAU
- EMMA MACINTOSH
- JOEY DAVIS
- MELANIE HOOPER
- KATHY GILBERT

**WINNERS-**

- MELANIE HOOPER
- MARSHALL MARGESON
- EVAN RUTLEDGE
- NATASHA BOUDREAU

Looking good

Clay Cafe



Walk for Autism

**MORE COTTAGE FUN!**

